

## Coach/School Nurse/Volunteer Concussion Statement

I have read the *Concussion Information Sheet*. If true, please check box.

I should not allow any student-athlete exhibiting signs and symptoms consistent with concussion to return to play or practice on the same day. If you agree, please check box.

After reading the information sheet, I am aware of the following information:

\_\_\_\_\_ A concussion is a brain injury.  
Initial

\_\_\_\_\_ A concussion can affect a student-athlete's ability to perform everyday activities, their ability to think, their balance, and their classroom performance.  
Initial

\_\_\_\_\_ I realize I cannot see a concussion, but I might notice some of the signs in a student-athlete right away. Other signs/symptoms can show-up hours or days after the injury.  
Initial

\_\_\_\_\_ If I suspect a student-athlete has a concussion, I am responsible for removing them from activity and referring them to a medical professional trained in concussion management.  
Initial

\_\_\_\_\_ Student-athletes need written clearance from a medical professional trained in concussion management to return to play or practice after a concussion.  
Initial

\_\_\_\_\_ I will not allow any student-athlete to return to play or practice if I suspect that he/she has received a blow to the head or body that resulted in signs or symptoms consistent with concussion.  
Initial

\_\_\_\_\_ Following concussion the brain needs time to heal. I understand that student-athletes are much more likely to sustain another concussion or more serious brain injury if they return to play or practice before symptoms resolve.  
Initial

\_\_\_\_\_ In rare cases, repeat concussions can cause serious and long-lasting problems.  
Initial

\_\_\_\_\_ I have read the signs/symptoms listed on the Concussion Information Sheet.  
Initial

\_\_\_\_\_  
Signature of Coach/School Nurse/Volunteer

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed name of Coach/School Nurse/Volunteer